



Alcohol Service is looking for volunteers in Aberdeenshire

CASA, the Community Alcohol Service Aberdeenshire which supports people as they deal with alcohol related issues is looking for volunteers now.

Working alongside the alcohol case workers, the volunteer buddies will help people recover from alcohol dependency. The volunteers will be recruited from local communities and will help reintegrate people who may feel isolated as a result of their alcohol problem.

Luan Grugeon, Depute Manager, Drugs Action: *“People who have had problems with alcohol can lose their confidence and feel quite isolated. The volunteer buddies will provide support to help people reconnect with activities which are going on and help improve their self confidence. We hope by providing volunteer buddies, people are more likely to be able to recover from having a problem with alcohol.”*

Due to the nature of the work, a thorough screening process will be carried out and full training will be provided prior to volunteers supporting CASA service users. In addition, ongoing support, supervision and training will be provided to ensure Volunteers are able to support people in achieving a lasting recovery from problem drinking.

“Volunteering with CASA is a great opportunity to learn new skills, meet new people and do something which will really make a difference to the lives of vulnerable people.”

The service is delivered across Aberdeenshire and is part of the Drugs Action range of services and is funded by Aberdeenshire Council.

For further details on volunteering with the service or to make a referral to CASA, please call: **0845 475 2272** (local rates apply)

or

E-mail Jeanette@casaaberdeenshire.co.uk

ENDS

Journalists requiring further information are asked to contact Luan Grugeon, Depute Manager, Drugs Action on 01224 577120